



Health & Physical Education Digital Learning Resources March 2020

Please note: Signing up for these websites is not necessary or recommended. Some may display an option to create an account but there is no need to do so. These sites offer free resources without creating an account. In order to protect sensitive and personal information, any resource requiring teachers or students to create an account using district information must first go through the [CCSD Software Approval Process](#).

Dave Martinez's Canvas Page (student exercise videos and more)
Discovery Education Experience Health Channels
Drop Everything and Move Calendar
Health & Fitness Websites for Teachers
NearPod Health Lessons (K-8)
Physical Activity Log ENGLISH and SPANISH
Shape America Digital Resources for HPE
Shareable Mind and Body Calendars
Speed Stacks at Home
Weekly Exercise, Nutrition, and Hydration Tracking

Georgia Standards of Excellence for Health (K-12) Update

As many of you know, the new standards for Health were originally set to be approved at the beginning of SY 19-20. There have been many delays and as of now the standards are scheduled to go before the State BOE for approval in May or June. This, of course, is subject to change. I will keep you posted as soon as any updates become available. CCSD will provide training and support once the new standards are approved.

High School Health Course Update

ADAP: Department of Driver Services has suspended all road testing until further notice. In the event that they offer road testing prior to schools re-opening, students may be referred to the [eADAP](#) program in order to meet requirements needed.

Tips for Successful Online Learning

1. **Flexibility is Key.** Be understanding with assignments and due dates as parents and students are navigating our new reality. Change takes some time to adjust to.
2. **Collaborate and Communicate.** Provide opportunities for students to continue collaborating and communicating with one another. We need to continue feeling connected.
3. **Interact with Students.** Provide meaningful feedback and opportunities for students to ask questions.
4. **Make time for professional collaboration.** We're in this together and we'll greatly benefit from sharing ideas with one another. Microsoft Teams is an excellent and easy tool to connect you!



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